

**DERMATOLOGY CONSULTANTS OF MARIN, INC.**

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**Botulinum Toxin A (BOTOX) Consent Form**

Botulinum toxin A (BOTOX)/Abobotulinum toxin A can be used for the treatment of wrinkles and furrows around the eyes, forehead, and lips. It is also used for the treatment of hyperhidrosis (excessive sweating) of the palms, soles and axillae. BOTOX is injected into the muscle resulting in a temporary paralysis of this muscle, and a smoothing of the lines. BOTOX exerts its effect by binding to the nerve endings and inhibiting the release of the chemical transmitter that activates the muscles. Results of treatment usually last 3-4 months.

BOTOX has been approved by the Food and Drug Administration (FDA) as a safe and effective therapy for blepharospasm (eye twitches), strabismus, and facial spasm since 1989. The use of BOTOX for cosmetic treatments has not yet been approved.

Alternative treatments include, injections of collagen, fat and other materials, surgical excision, forehead-lifts and face-lifts.

Complications are rare, but may include mild bruising, headache, temporary weakness of a nearby muscle (i.e. a droopy upper eyelid), and antibody formation to BOTOX rendering this treatment ineffective. There have been no long-term complications.

I, consent to my Doctor, RN injecting Botulinum toxin A (BOTOX)/Abobotulinum toxin A into the targeted muscles on my face causing a temporary weakening of the muscles.

I understand that this treatment will decrease the wrinkles in that area, but will not make the wrinkles disappear.

I understand that complications are rare, but include paralysis of nearby muscles, headache, bruising, and antibody formation.

I understand the FDA has approved Botulinum toxin A (BOTOX)/Abobotulinum toxin A for treatment of other problems concerning the eyes and face, and recently for this cosmetic purpose.

All of my questions regarding the use of BOTOX have been answered to my satisfaction.

I have read this information sheet and authorize my Dr. or RN to inject Botulinum toxin A (BOTOX)/Abobotulinum toxin A into the targeted muscles.